

LICENSURE

Diplomate, American Board of Psychiatry & Neurology: #56616

Board Certification: Maintenance of Certificate, Original Issued in 2006, Re-certified in 2016

California State Medical License: #A77843, original issuance date: 02/01/2002

DEA: # available upon request

National Provider Identifier: # available upon request

POSTGRADUATE TRAINING

July 2000-July 2004 Harbor-UCLA Medical Center, Department of Psychiatry
Torrance, CA 90509

EDUCATION

August 1998-June 2000 M.D., Mount Sinai School of Medicine
New York, NY

Sept.1993- June 1998 Sophie Davis School of Biomedical Education
New York, NY
Majors: Biomedical Sciences; English Literature

EMPLOYMENT

2013- present Private Practice- Santa Barbara, CA, and Solvang, CA

2011-present Consulting Psychiatrist- Dunn School, Los Olivos, CA

2010-2012 Consulting Psychiatrist- Torrance Memorial Medical
Center, Torrance, CA

2007-2012 Private Practice- Torrance, CA

2007-2009 Founding Medical Director- Wellness Center at Harbor-
UCLA Medical Center, Torrance, CA- first Wellness Program
funded by Department of Mental Health- L.A. County (supervised
psychiatry resident physicians, nurse practitioner, clinical social
workers)

2006-2009 Staff Psychiatrist; Consulting Psychiatrist- Coastal Asian
Pacific Mental Health Clinic, Gardena, CA

2005- 2006 Director of Adult Attention Deficit Hyperactivity Disorder

Clinic;
Assistant Clinical Instructor (supervised and taught
psychiatric resident physicians)
Staff Psychiatrist
Zucker-Hillside Hospital of North Shore-Long Island
Jewish Health System, Glen Oaks, NY

ADDITIONAL TRAINING/EXPERIENCE

- 2002- Present Cognitive Behavioral Therapy for Panic Disorder, Social Anxiety,
Generalized Anxiety Disorder, Depression, PTSD and OCD
- 2005- Present Hypnosis for improving quality of life issues with an
emphasis on psychosomatic concerns, pain management,
pre/post surgery, phantom-limb, stress reduction, TMJ, relaxation
training, and ego strengthening, with over 400 clinical hours
completed
Hypnosis training completed through American
Psychiatric Association; Society for Clinical and
Experimental Hypnosis; Zucker-Hillside Hospital of
North Shore-Long Island Jewish Health System
- 2007-2012 Qi Gong Level 1-3: studied and practiced medical applications of
Qi Gong & meditation under Master Larry Yoshioka and Master
Yao, Buddhist meditation as taught by Master Yu.
- 2002- 2004 Asian Mental Health- psychotherapy in Cantonese
Couples Therapy

PRESENTATIONS/ WORKSHOPS

- October 2011 “Complementary/ Alternative Medicine for Stress
Reduction: Qi Gong: What and How?”
L.A. County: 17th Annual Asian-American Mental Health
Consortium
- March 2011 “Women’s Mental Health”
1736 Family Crisis Center, Torrance, CA
- February 2009 “Introducing the Wellness Concept & the Harbor-UCLA
Wellness Center” National Alliance of Mentally Ill
(NAMI) – Southbay Chapter, Torrance, CA

- November 2008 “Recognizing and Treating Depression”, Miracle of Living Community Health Education Series, Torrance Memorial Medical Center, Torrance, CA
- October 2008 “Introducing the Wellness Concept & the Harbor-UCLA Wellness Center” Grand Rounds, Harbor-UCLA Medical Center, Torrance, CA
- October 2008 Open House Ceremony, Wellness Center, Harbor-UCLA Medical Center, Torrance, CA

RESEARCH EXPERIENCE

- 2003- 2004 Research on issues in cross-cultural psychiatry; Co wrote book chapter on psychopharmacotherapy with Dr. Keh-Ming Lin (who was inducted as L.A. BioMed Research Legend in 2012) at the Research Center on the Psychobiology of Ethnicity, Department of Psychiatry, Harbor-UCLA Medical Center, Torrance, CA

HONORS/ AWARDS

- 1999 Stanley Fellowship Grant in Psychiatric Research- studied the effects of olanzapine on weight gain and lipid profiles at Hillside Hospital of Long Island Jewish Medical Center, Glen Oaks, NY
- 1998 American Medical Women’s Association Scholarship
Ruth Shapiro Award for Academic Excellence
Semifinalist in National Library of Poetry’s Annual Poetry Contest
Cum Laude Graduate
Phi Beta Kappa
Sigma Xi
ARISTA National Honor Society
- 1995-1998 City University of New York- Isaacs Scholarship in Language & Literature (1 of 10 recipients campus-wide)
- 1996 Mack Lipkin Broader Horizons Fellowship in Medical Studies (studied Traditional Chinese Medicine: use of herbs, acupuncture, moxibustion in

cancer and stroke patients, in Guangzhou, China for 6 weeks)

PROFESSIONAL COMMITTEES

Central Coast Medical Association (previously, Santa Barbara County Medical Society) (2014-present)

California Medical Association (2014-present)

Santa Barbara & Santa Ynez Valley Cottage Hospital- Staff with courtesy privileges (2014-present)

American Psychiatric Association (2002-present)

Southern California Psychiatric Society (2002-present)

Society for Clinical and Experimental Hypnosis (2007-2012)

South Bay Psychiatric Society (2002-2012)

American Medical Association (2000-2009)

Harbor- UCLA Dept. of Psychiatry Admissions Committee- elected resident representative (2002-2004)

Harbor-UCLA Dept. of Psychiatry Pelican Health & Safety Committee- elected resident representative (2002-2004)

Harbor-UCLA Research and Publications Committee (2003-2004)

PUBLICATIONS

Ng J, Lin KM, Smith M “Pharmacotherapy in an Age of Increasing Diversity” (30 p. book chapter) in Georgiopoulos A, Rosenbaum J eds: Cross-Cultural Psychiatry: Pills, People, and Public Policy (Harvard Press, 2004)

Ng J, Smith M, Lin KM “Piperine increases the effectiveness of clozapine” (letter to editor) *Journal of Clinical Psychiatry* (April, 2004)

Ng, J “After Heartland Brewery with Jay” (poem) in Of Time and Tide: the National Library of Poetry. Owings Mills, MD. National Library of Poetry, 1998

Ng, J “On Flying” (poem) in Biomedicus, New York, NY, City College of New York, 1998

PROFICIENT LANGUAGES

English, Chinese (fluent in spoken Cantonese and written Chinese)