

LICENSURE

Diplomate, American Board of Psychiatry & Neurology: #56616, exp. 12/31/2016

California State Medical License: #A77843, original issuance date: 02/01/2002, exp. 11/30/2015

DEA: # available upon request, exp. 10/31/2015

National Provider Identifier: # 1972673622

POSTGRADUATE TRAINING

July 2000-July 2004 Residency Training
Harbor-UCLA Medical Center, Department of Psychiatry
Torrance, CA 90509

EDUCATION

August 1998-June 2000 M.D., Mount Sinai School of Medicine of NYU
New York, NY

Sept.1993- June 1998 B.S., Cum Laude, City College of the City University of
New York
Sophie Davis- CUNY Medical School
New York, NY
Majors: Biomedical Sciences; English Literature

EMPLOYMENT

2022- present Individual Psychotherapy Supervisor to psychiatric
resident physicians at Harbor- UCLA
2021- present Psychiatrist -Herald Christian Health Clinic, LA, CA
2013- present Private Practice- Los Angeles, Santa Barbara, and Solvang,
CA
2011-present Consulting Psychiatrist- Dunn School, Los Olivos, CA
2010-2012 Consulting Psychiatrist- Torrance Memorial Medical
Center, Torrance, CA
2007-2012 Private Practice- Torrance, CA
2007-2009 Founding Medical Director- Wellness Center at Harbor-
UCLA Medical Center, Torrance, CA
2006-2009 Staff Psychiatrist; Consulting Psychiatrist- Coastal Asian

Pacific Mental Health Clinic, Gardena, CA

2005- 2006
Director of Adult Attention Deficit Hyperactivity Disorder Clinic;
Assistant Clinical Instructor (supervised and taught psychiatric resident physicians);
Staff Psychiatrist
Zucker-Hillside Hospital of North Shore-Long Island Jewish Health System, Glen Oaks, NY

2000- 2004
Psychiatric resident physician, Harbor-UCLA Medical Center, Torrance, CA

ADDITIONAL TRAINING/EXPERIENCE

2005- Present
Hypnosis for improving quality of life issues with an emphasis on psychosomatic concerns, pain management, pre/post surgery, phantom-limb, stress reduction, TMJ, relaxation training, and ego strengthening, with over 250 clinical hours completed

Hypnosis training completed through American Psychiatric Association; Society for Clinical and Experimental Hypnosis; Zucker-Hillside Hospital of North Shore-Long Island Jewish Health System

2002- 2004
Asian Mental Health- psychotherapy in Cantonese
Couples Therapy
Cognitive Behavioral Therapy for Panic Disorder, Generalized Anxiety Disorder, Depression
Prolonged Exposure Therapy for PTSD

PRESENTATIONS/ WORKSHOPS

October 2011
“Complementary/ Alternative Medicine for Stress Reduction: Qi Gong: What and How?”
L.A. County: 17th Annual Asian-American Mental Health Consortium

March 2011
“Women’s Mental Health”
1736 Family Crisis Center, Torrance, CA

February 2009
“Introducing the Wellness Concept & the Harbor-UCLA

Wellness Center” National Alliance of Mentally Ill
(NAMI) – Southbay Chapter, Torrance, CA

November 2008

“Recognizing and Treating Depression”, Miracle of
Living Community Health Education Series,
Torrance Memorial Medical Center, Torrance, CA

October 2008

“Introducing the Wellness Concept & the Harbor-UCLA
Wellness Center” Grand Rounds, Harbor-UCLA Medical
Center, Torrance, CA

October 2008

Open House Ceremony, Wellness Center, Harbor-UCLA
Medical Center, Torrance, CA

RESEARCH EXPERIENCE

2003- 2004

Research on issues in cross-cultural psychiatry;
Co wrote book chapter on psychopharmacotherapy
with Dr. Keh-Ming Lin (who was inducted as
L.A. BioMed Research Legend in 2012)
at the Research Center on the
Psychobiology of Ethnicity, Department of Psychiatry,
Harbor-UCLA Medical Center, Torrance, CA

HONORS/ AWARDS

1999

Stanley Fellowship Grant in Psychiatric Research-
studied the effects of olanzapine on weight gain
and lipid profiles at Hillside Hospital of Long
Island Jewish Medical Center, Glen Oaks, NY

1998

American Medical Women’s Association Scholarship
Ruth Shapiro Award for Academic Excellence
Semifinalist in National Library of Poetry’s Annual
Poetry Contest
Cum Laude Graduate
Dean’s List for 5 semesters
Phi Beta Kappa
Sigma Xi
ARISTA National Honor Society

1995-1998

City University of New York- Isaacs Scholarship in
Language & Literature (1 of 10 recipients campus-wide)

1996 Mack Lipkin Broader Horizons Fellowship in Medical Studies (observed Traditional Chinese Medicine: use of herbs, acupuncture, moxibustion in cancer and stroke patients, in Guangzhou, China for 6 weeks)

PROFESSIONAL COMMITTEES

Santa Barbara County Medical Society (2014-present)
California Medical Association (2014-present)
Santa Barbara & Santa Ynez Valley Cottage Hospital-Staff with clinical privileges (2014-present)
American Psychiatric Association (2002-present)
Southern California Psychiatric Society (2002-present)
Society for Clinical and Experimental Hypnosis (2007-2012)
South Bay Psychiatric Society (2002-2012)
American Medical Association (2000-2009)
Harbor- UCLA Dept. of Psychiatry Admissions Committee- elected resident representative (2002-2004)
Harbor-UCLA Dept. of Psychiatry Pelican Health & Safety Committee- elected resident representative (2002-2004)
Harbor-UCLA Research and Publications Committee (2003-2004)
Harbor-UCLA Graduation Committee- Master of Ceremony (graduation June 2003)
American Medical Student Association (1993-2000)
Asian Cultural Society of New York- Vice-President (1996-7)
Asian Pacific American Medical Student Association- President (1995-6)

PUBLICATIONS

Ng J, Lin KM, Smith M “Pharmacotherapy in an Age of Increasing Diversity” (30 p. book chapter) in Georgiopoulos A, Rosenbaum J eds: Cross-Cultural Psychiatry: Pills, People, and Public Policy (Harvard Press, 2004)

Ng J, Smith M, Lin KM “Piperine increases the effectiveness of clozapine” (letter to editor) *Journal of Clinical Psychiatry* (April, 2004)

Ng, J “After Heartland Brewery with Jay” (poem) in Of Time and Tide: the National Library of Poetry. Owings Mills, MD. National Library of Poetry, 1998

Ng, J “On Flying” (poem) in Biomedicus, New York, NY, City College of New York, 1998

PROFICIENT LANGUAGES

English, Chinese (fluent in spoken Cantonese and written Chinese)